American Red Cross Learn-to-Swim Program Winter/Spring 2016

Parent & Child Aquatics

The objective of this class is to help young children become comfortable in and around the water so they are ready to learn to swim. Parent/guardian participation is REQUIRED. Under the direction of an instructor, parents learn how to orientate their child to the water, and how to safely supervise water activities. Parents are encouraged to let children progress at their own pace. Class length is 30 minutes and meets five times.

Level 1 - 6 months to 18 months

Level 2 - 18 months to 3 years of age

Parent & Child Level 1

February 6 - March 5 10:30am

Parent & Child Level 2

February 6 - March 5 11:00am

Register Now!
For more information, call 651-1386.

Preschool Aquatics

The primary objective is to promote the developmentally appropriate learning of fundamental water safety and aquatic skills for children 4 and 5 years of age. Classes have a low student to instructor ratio and meets eight times for 50 minutes.

Level 1 - Basic aquatic skills with support.

Level 2 - This level marks the beginning of independent aquatic locomotion skills.

Level 3 - Skills in this level are performed independently. This level is similar to the early skills of the Learn to Swim Level 2.

Preschool Level 1 - Preschool Level 3

January 30 - March 19 10 & 11am

Swimming Lesson Fees

Parent & Child
$15 Resident $20 Non-resident

Preschool Aquatics
$35 Resident $45 Non-resident

Level 1 & Level 2
$30 Resident $40 Non-resident

Private Swim Lessons

30 minute sessions

$12 members $14 non-members

Level 1: Introduction to Water Skills

Students learn elementary aquatic skills, which they build on as they progress through the six Learn to Swim levels.

Prerequisites:
- 6 years of age

Skills Taught:
- Opening eyes under water
- Floating and kicking
- Submerging nose and face in water
- Front and back crawl arm movement

Level 2: Fundamental Aquatic Skills

Children begin front crawl and back crawl. Children will also learn additional skills such as survival float and changing directions.

Prerequisites:
- Passed Level 1 or Preschool Level 3
- Can perform unsupported float and kick

Skills Taught:
- Front crawl
- Back crawl

Level 1 & Level 2

January 30 - March 19 10 & 11am